

## STAKE SELF-RELIANCE COURSES

South Weber Stake self-reliance groups starting in September 2023

**\*\* Registration Due by September 5<sup>th</sup> \*\***

*Self-reliance courses are for any individual, couple, parent, friend, or leader who wants to be better prepared to meet, and help others meet, life's challenges.*

**Commitment:** Group meetings will be 1-½ to 2 hours once a week for 10 or 12 weeks, depending on the course. After registering, a facilitator will contact you about the specific day/date/time of your first meeting. You will receive a manual at the first meeting.



Scan QR Code  
For More Info

To Register, email Jan Keim at [jkkeim13@gmail.com](mailto:jkkeim13@gmail.com). Please provide:

1. Desired course (emotional resilience, personal finance, starting and growing your own business, or finding a better job)
2. Name, email, phone, address, and ward (for couples, provide information for both)
3. Meeting preference (Sunday afternoon or on a weeknight)

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