

## Suggestions to help prepare for your Patriarchal Blessing

- This is a very sacred occasion, so Sunday dress would be recommended
- It is suggested you only invite to your actual blessing those whom you know will add to the spirit of reverence that should prevail. Usually it would be appropriate to have the parents present with you. Generally speaking, this should not be a family event. This is a sacred opportunity for you to receive personal revelation about your life. If you are prayerful, the spirit will tell you who to invite.
- Fasting is not required on the day you receive your blessing but is an option that may help you to more fully feel the spirit of the occasion.
- Approach the day with the same spirit you would want with you if you were going to the temple. If you are not spiritually prepared, it will make it harder for the patriarch to receive the revelation needed – and this may affect the content of your blessing.
- It is important to prepare yourself so that the Spirit will be fully present during the blessing and so that the patriarch can receive what the Lord has in store for you. Because of the spiritual nature of the blessing, you should do everything possible to lift yourself from worldliness to a spiritual level equal to the occasion.
- In the weeks and days leading up to the blessing build your testimony through sincere prayer, contemplative scripture study, and regular church and temple attendance. Bear your testimony when the opportunity presents itself and look for chances to serve others. As your testimony increases, your faith in revelation will increase, and your ability to feel the power of your patriarchal blessing will also be enhanced.
- Pray for the Patriarch that he may be inspired on the day he gives you your blessing. Your sincere prayers will help him to make the connection with God that he will need in order to bless you. Remember, you are asking him to receive a revelation from God on your behalf. That is a remarkable sacred thing.
- Study the materials and talks contained in the Gospel Library under “Topics” - “Gospel Topics” - “Patriarchal Blessings”. It will expand your understanding about this sacred opportunity you will soon experience.

Your patriarchal blessing will be given in our home at 8024 S. Sunshine Court. I sincerely look forward to this wonderful sacred occasion.

Brent L. Buckner

Stake Patriarch